

Standon Bowers

9th April-11th April 2025

Wednesday - Friday

2 night residential

Key aims:

- To provide children with opportunities to engage in Outdoor Adventurous Activities (part of N.P.E. curriculum) in a centre with trained instructors.
- To encourage independence, problem solving skills and teamwork beyond a classroom-based learning environment.
- To enable children to take on new challenges, achieve goals and feel proud of successes.
- To create life-long memories.

A residential trip, plays an important part in their school journey, helping them to prepare for the next step.

Sleeping arrangements:

Girls and boys will be in separate dorms which we have used on a previous visit. One of which, has ground floor accommodation.

Members of staff sleep in private rooms close-by. Five members of Springfields' staff will be staying overnight.

Children take their own duvet cover, fitted sheet and pillow-case. They need to practise putting them on!





Eating

- ▶ Children require a packed lunch in disposable packaging on the first day (No fizzy drinks or glass please).
- ▶ Children select their meals from a menu for hot breakfast, sandwich lunch and hot tea. Plus, there is hot chocolate and biscuits in the evening. There are vegetarian options included, and any dietary needs will be catered for. Please let us know if your child has any special requirements.
- ▶ Food is not allowed in dorms so please do not send extra food for your child to eat.
- ▶ However, they are allowed a SMALL amount of tuck e.g. crisps, brioche, sweets... (No Nuts please!) which should be in a named plastic bag. This will be kept in the classroom and there will be opportunities for them to eat some of these throughout the day.

Outdoor Education Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Breakfast</i>	Omelette with Sausage & Hash Brown	Scrambled Egg with Bacon & Potato Waffle	Omelette with Sausage & Spaghetti Hoops	Bacon with Hash Brown & Tomatoes	Scrambled Egg with Sausage & Beans
	ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Teacakes, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice				
<i>Lunch:</i> Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>Dinner</i>	Pork Sausages with Mash, Yorkie & Gravy	Pasta with Chicken Meatballs in Classic Tomato Sauce with Garlic Bread	Roast Turkey with Roasties & Gravy	Fish Fingers with Seasoned Potato Wedges
	Veggie Sausages with Mash, Yorkie & Gravy (v)	Classic Tomato Pasta with Garlic Bread (v)	Quorn Fillet with Roasties & Gravy (v)	Margherita Pizza with Seasoned Potato Wedges (v)
	Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn & Slaw
	Chocolate Brownie	Toffee Apple Sponge	Marble Sponge	Jam Sponge

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Jacket Potatoes with a choice of fillings

Activities

These will be arranged in liaison with the team from Standon Bowers. These are activities we have experienced before which are great for their age group:

Year 4 Activities			
Archery	Team games	Bridge building	Low ropes
Bouldering	Ground maps - orienteering	Fire-making	
Caving	Blind-fold trail	Den building	

The children also have free time to play and explore the grounds- enjoying their new surroundings. There is also a games room!



STANDON BOWERS

Standon Bowers Outdoor Centre, Weston Lane,
Standon, Stafford, ST21 6RD

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|--|--------------|---|---------------|---|----------------|---|-------------------|
|  | CAMPING AREA |  | INDOOR CAVING |  | BUSHCRAFT AREA |  | HIGH ROPES |
|  | BMX TRACK |  | CLIMBING WALL |  | DORMITORIES |  | CONSERVATION AREA |
- Go to Settings to activate Wind











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PETZL

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THE NORTH FACE
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OUTERORY. ATHL.
DEPARTMENT







Kit

- ▶ A kit list will be sent home showing everything they'll need
- ▶ Old clothes - not new ones - ALL named please!
- ▶ Generally, pack a couple of extra bottoms, socks and a black bin bag in case they get wet!!!!
- ▶ Indoor and outdoor shoes - ALL named please! Muddy boots and wellies are not allowed inside!
- ▶ A waterproof coat- the rain won't stop play!
- ▶ Hat and gloves
- ▶ Toiletries and towel
- ▶ No technology is allowed
- ▶ Pack a book, a colouring pad, a favourite teddy, a named torch and lip balm—these are essentials
- ▶ A small amount of pocket money can be brought in a named purse or envelope and will be collected in for safe-keeping. A maximum of £10 is plenty for souvenirs.
- ▶ A packed lunch in disposable packaging for when they first arrive. (No fizzy drinks please).
- ▶ **Your child has to be able to carry it all. (Possibly up two flights of stairs).**

Medication

- ▶ Medication and consent forms will be sent home two weeks prior to our visit. They must be filled in fully, particularly with the type of medication required- name of it, dosage, timing etc. and returned to school to be checked prior to the visit.
- ▶ Springfields' staff (Mrs Aston and Mr Rammell) will administer any medication which your child may need. Medication must be handed to staff in packaging which has your child's prescription and name label on. Please give this to Mrs. Aston on the morning of the trip - **do not pack it in their case.**
- ▶ Illness- someone must be available to collect your child from the centre if they fall ill.

Costs, transport etc

- ▶ The cost is £161 per child.
- ▶ PTFA fund the cost of the coach transport which helps to reduce costs.
- ▶ If your child will not be sleeping at Standon Bowers, the cost of the trip will remain at £161. **Please inform us by Friday 31st January if your child will not be sleeping overnight** (admin@springfields-first.staffs.sch.uk). Your child will be able to stay for the evening activity and be collected at 7.30p.m. and return to us in the morning at 9.00 a.m.
- ▶ Similarly, if you decide that you do not want your child to participate, please also inform us by the end of January. Children who do not participate will still be expected to attend school and will join another class for the duration of the trip.
- ▶ Staffing- five members of our staff (Mrs. Aston, Mr. Rammell, Mrs. Whittingham, Mrs. Gilpin and Mrs. Barber) will be on site overnight and during the day. Standon Bowers staff lead all activities in the daytime and a member of their team will be on duty overnight too.

Any questions?

▶ Visit their website by following the link below and have a look for yourself:

<https://www.entrust-ed.co.uk/services/our-centres>