

Standon Bowers

18th March-20th March 2026

Wednesday - Friday

2 night residential

Key aims:

- To provide children with opportunities to engage in Outdoor Adventurous Activities (part of N.P.E. curriculum) in a centre with trained instructors.
- To encourage independence, problem solving skills and teamwork beyond a classroom-based learning environment.
- To enable children to take on new challenges, achieve goals and feel proud of successes.
- To create life-long memories.

A residential trip, plays an important part in their school journey, helping them to prepare for the next step.

Sleeping arrangements:

Girls and boys will be in separate dorms which we have used on a previous visit. One of which, has ground floor accommodation.

Members of staff sleep in private rooms close-by. Three members of Springfields' staff will be staying overnight.

Children take their own duvet cover, fitted sheet and pillow-case. They need to practise putting them on!





Eating

- ▶ Children require a packed lunch in disposable packaging on the first day (No fizzy drinks or glass please).
- ▶ Once there, children select their meals from a menu for hot breakfast, sandwich lunch and hot tea. Plus, there is hot chocolate and biscuits in the evening. There are vegetarian options included, and any dietary needs will be catered for. Please let us know if your child has any special requirements.
- ▶ Children are allowed to take a SMALL amount of tuck e.g. crisps, brioche, sweets... (No Nuts please!) which should be in a named plastic bag. This will be kept in the classroom and there will be opportunities for them to eat some of these throughout the day.
- ▶ Food is not allowed in the dormitories at all.

Outdoor Education Menu

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops
	ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice			
Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink				

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Margherita Pizza with Fries & Beans	Chicken or Veggie Korma with Pilau Rice
	Chicken Nuggets with Potato Wedges	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread	Fish Fingers with Chips
	Veg of the Day			
	Chocolate Mousse	Iced Sponge & Custard	Ice Cream	Chocolate Shortbread & Custard
Jacket Potatoes or Classic Tomato Pasta				



A salad bar, fresh fruit, jelly & mousse will be available daily.

Activities

These will be arranged in liaison with the team from Standon Bowers. These are activities we have experienced before which are great for their age group:

Year 4 Activities			
Archery	Team games	Bridge building	Low ropes
Bouldering	Ground maps - orienteering	Fire-making	
Caving	Blind-fold trail	Den building	

The children also have free time to play and explore the grounds- enjoying their new surroundings. There is also a games room!



STANDON BOWERS

Standon Bowers Outdoor Centre, Weston Lane,
Standon, Stafford, ST21 6RD



CAMPING AREA



INDOOR CAVING



BUSHCRAFT AREA



HIGH ROPES



BMX TRACK



CLIMBING WALL



DORMITORIES



CONSERVATION AREA

Action & Wind
Go to Settings to activate Wind

















Kit

- ▶ A kit list will be sent home showing everything they'll need
- ▶ Old clothes - not new ones - ALL named please!
- ▶ Generally, pack a couple of extra bottoms, socks and a black bin bag in case they get wet!!!!
- ▶ Walking boots or wellies, trainers for indoor activities and slippers/sliders for residential wear. Muddy boots and wellies are not allowed inside!
- ▶ A waterproof coat- the rain won't stop play!
- ▶ Hat and gloves
- ▶ Toiletries and towel
- ▶ No technology or cameras are allowed
- ▶ Pack a book, a colouring pad, a favourite teddy, a named torch and lip balm—these are essentials
- ▶ A small amount of pocket money can be brought in a named purse or envelope and will be collected in for safe-keeping. A maximum of £10 is plenty for souvenirs. Please make sure it is in coins rather than notes.
- ▶ A packed lunch in disposable packaging for when they first arrive. (No fizzy drinks please).
- ▶ **Your child has to be able to carry it all. (Possibly up two flights of stairs).**

Medication

- ▶ Medication and consent forms will be sent home two weeks prior to our visit. They must be filled in fully, particularly with the type of medication required- name of it, dosage, timing etc. and returned to school to be checked prior to the visit.
- ▶ Springfields' staff (Mrs Aston) will administer any medication which your child may need. Medication must be handed to staff in packaging which has your child's prescription and name label on. Please give this to Mrs. Aston on the morning of the trip - **do not pack it in their case.**
- ▶ Illness- someone must be available to collect your child from the centre if they fall ill.

Other information:

- ▶ On the morning of the trip please bring children in through the front entrance so that they can put their cases/bags into the hall. Hand any medication to Mrs. Aston at this time. Children need to be dressed ready for activities, but they will need trainers on their feet.
- ▶ We will be travelling to the centre by coach, and this has been provided by the PTFA. We will depart school around 9.00-9.30am and ask that you do not stay to wave them off as this can be upsetting for some children.
- ▶ If your child is not staying overnight, your child will be able to stay for the evening activity and be collected at 7.30p.m. from the gate. They need to be returned to us in the morning at 9.00 a.m. ready to begin activities.
- ▶ Children who do not participate will still be expected to attend school and will join the Year 3s for the duration of the trip.
- ▶ Staffing- three members of our staff (Mrs. Aston, Mrs. Gilpin and Mrs. Barber) will be on site overnight and during the day. Mrs. Edwards and Mrs. Hendry may also visit during the day. Standon Bowers staff lead all activities in the daytime, and a member of their team will be on duty overnight too.

Any questions?

Visit their website by following the link below and have a look for yourself:

<https://www.entrust-ed.co.uk/services/our-centres>